

Term	NC Topics	Assessment
AUTUMN	<u>Health and Wellbeing: Avoiding bad habits</u> Including: 1. Habits - Aim – to explore the effect of both positive and negative habits 2. Screen time - Aim – to explore the dangers of spending too much time on your phone 3. Mental health and empathy - Aim – to explore how we can become more empathetic towards different mental health issues	Low stakes testing throughout topic.
	<u>Living in the Wider World: What can my future look like?</u> Including: 1. Online presence - Aim – to understand how our presence online can affect getting a job and how to build a professional profile 2. Work experience - Aim – to revisit our dream careers from KS3 and consider how we can make the most of work experience 3. Revisit budgeting - Aim – to understand finances, including the difference between credit and debit and how to identify fraud	Low stakes testing throughout topic <u>End Point Assessment</u> 10 questions – peer or self-assessed
SPRING	<u>Relationships (RSE): Sexual relationships and Parenthood</u> Including: 1. Pregnancy, parenthood and fertility - Aim – to explore fertility, the stages of pregnancy and what it means to be a parent 2. Attitudes towards sex - Aim – to consider how religion, stigmas and porn effect attitudes towards sex	Low stakes testing throughout topic.
	<u>Health and Wellbeing: How can I make health related decisions?</u> Including: 1. Identifying risks - Aim – to understand what risks we might face that link to our mental health and wellbeing 2. Substance abuse - Aim – to explore drugs and substance abuse and how it might affect our bodies 3. NHS, mental health services - Aim – to look at what mental health services are on offer and where we can go if we are struggling	Low stakes testing throughout topic <u>End Point Assessment</u> 10 questions – peer or self-assessed
SUMMER	<u>Relationships (RSE): How should I treat someone in a relationship?</u> Including: 1. Consent - Aim – to consider what consent is, the different types of sexual crime and what the law is surrounding sexual crimes 2. Harassment - Aim – to explore the law on harassment, including online and what we can do if us or someone we know is getting harassed 3. Helping yourself and others – domestic abuse - Aim – to explore the different types of domestic abuse and how we can get help	Low stakes testing throughout topic
	<u>Living in the Wider World: How can I be critical of the media I consume?</u> Including: 1. Media Literacy - Aim – to understand how we can be critical consumers online, including the use of AI and hate speech 2. Fake news - Aim – to be able to identify fake news online and understand not everything we see online is true 3. Using social media for the good Aim – to consider how we can use social media for the good e.g. fundraising	Low stakes testing throughout topic <u>End Point Assessment</u> 10 questions – peer or self-assessed

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AUTUMN	Health and Wellbeing: How ready am I for year 11? Including: 1. Setting goals and reflection - Aim – to set goals for the year ahead and consider how we will achieve them 2. Healthy habits for year 11 - Aim – to explore good habits to have during exam season e.g. sleep 3. Stress - Aim – to consider how stress might affect us especially during exam season	Low stakes testing throughout topic.
	Living in the Wider World – What can my future look like? Including: 1. Post 16 and 18 - Aim – to explore what different paths there are for us after school and college 2. Careers – CV writing and personal statements - Aim – to consider how to write CV's and personal statements, including what skills employers are looking for 3. Revision techniques - Aim – to explore revision techniques and how we can be prepared for our GCSE exams 4. Voting - Aim – to consider how the UK government works, including voting and democracy	Low stakes testing throughout topic <u>End Point Assessment</u> 10 questions – peer or self-assessed
SPRING	Relationships (RSE): Maintaining healthy relationships and attitudes towards sexual health Including: 1. Coercive control - Aim – to explore what controlling behaviour looks like and how we can get out of a coercive relationship 2. Types of abuse and warning signs - Aim – to explore the different forms of abuse including peer on peer and how we can spot abuse warning signs 3. STI's - Aim – to explore a range of sexually transmitted diseases and what help there is for them, including the stigma that exists about STI's	Low stakes testing throughout topic.
	Health and Wellbeing: What medical things might affect my body? Including: 1. Organ and blood donation, cancer - Aim – to consider different ways we can keep healthy, including screening for cancer 2. Body image and trends - Aim – to explore a range of body images and trends, especially ones that are seen online 3. Aesthetic procedures - Aim – to consider different procedures people can get, including filler, tattoos and piercings 4. CPR and first aid - Aim – to understand basic first aid and how we can administer CPR	Low stakes testing throughout topic <u>End Point Assessment</u> 10 questions – peer or self-assessed
SUMMER	Living in the Wider World: Including: 1. Revision	
	Exams	