

| Term   | NC Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Assessment                                                                                                     |
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| AUTUMN | <b><u>Health and Wellbeing: Being me at St Peter's</u></b><br>Including:<br>1. Transition <ul style="list-style-type: none"> <li>Aim – to explore our feelings towards starting high school</li> </ul> 2. Being unique <ul style="list-style-type: none"> <li>Aim – to consider what makes us all unique and how we can build resilience</li> </ul> 3. Self esteem <ul style="list-style-type: none"> <li>Aim – to explore how to build up our self-esteem to be more positive</li> </ul>                                                                                                                                                                | Low stakes testing throughout topic.                                                                           |
|        | <b><u>Living in the Wider World – What can my future look like?</u></b><br>Including:<br>1. Ambition <ul style="list-style-type: none"> <li>Aim – to consider what ambition is and the importance of being ambitious</li> </ul> 2. Careers – skills <ul style="list-style-type: none"> <li>Aim – to explore the skills that we might need for our future careers</li> </ul> 3. Child labor, employment rights and responsibilities <ul style="list-style-type: none"> <li>Aim – to understand employment rights and the role of an employer and employee, including your rights</li> </ul>                                                               | Low stakes testing throughout topic<br><br><u>End Point Assessment</u><br>10 questions – peer or self-assessed |
| SPRING | <b><u>Relationships (RSE): What different types of relationship might I have?</u></b><br>Including:<br>1. Boundaries and Unwanted contact <ul style="list-style-type: none"> <li>Aim – to understand what our boundaries are and how we can get help if someone crosses them</li> </ul> 2. Friendships and family <ul style="list-style-type: none"> <li>Aim – to explore the relationships we might have with family and friends, including how we can be good friends</li> </ul> 3. Romantic <ul style="list-style-type: none"> <li>Aim – to explore what romantic relationships we might have when we get older</li> </ul>                            | Low stakes testing throughout topic.                                                                           |
|        | <b><u>Health and Wellbeing: Changing bodies and looking after myself</u></b><br>Including:<br>1. Puberty – Hygiene <ul style="list-style-type: none"> <li>Aim – to explore how we can keep ourselves clean and hygienic as our bodies are changing e.g. the use of deodorant</li> </ul> 2. Diet, sleep and healthy routines <ul style="list-style-type: none"> <li>Aim – to consider healthy routines, including healthy food and good sleep</li> </ul> 3. Risks and what to do if I am at risk <ul style="list-style-type: none"> <li>Aim – to explore different health risks, including some CPR first aid</li> </ul>                                  | Low stakes testing throughout topic<br><br><u>End Point Assessment</u><br>10 questions – peer or self-assessed |
| SUMMER | <b><u>Relationships (RSE): How is our world made up of different identities?</u></b><br>Including:<br>1. Diversity – Equality Act 2010 <ul style="list-style-type: none"> <li>Aim – to explore different types of people that live in the UK and consider the protected characteristics</li> </ul> 2. Human Rights <ul style="list-style-type: none"> <li>Aim – to understand what rights we have as humans, especially what rights we have as children</li> </ul> 3. Bullying and stereotypes <ul style="list-style-type: none"> <li>Aim – to explore what stereotypes are and how we can avoid them, and to look at anti-bullying campaigns</li> </ul> | Low stakes testing throughout topic                                                                            |
|        | <b><u>Living in the Wider World: How can we look after our community?</u></b><br>Including:<br>1. Our community <ul style="list-style-type: none"> <li>Aim – to explore our local community including the different people that make up Manchester, linking to British values</li> </ul> 2. Stewards/looking after the environment <ul style="list-style-type: none"> <li>Aim – to explore how we can look after our local community which includes the environment</li> </ul> 3. Litter picking <ul style="list-style-type: none"> <li>Aim – to consider how litter picking can help our local community</li> </ul>                                     | Low stakes testing throughout topic<br><br><u>End Point Assessment</u><br>10 questions – peer or self-assessed |

**Faculty of Religious Education**  
**Year 8 Citizenship Curriculum Map**  
**2025-2026**

| Term   | NC Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Assessment                                                                                                 |
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| AUTUMN | <b><u>Health and Wellbeing: Being confident with who we are</u></b><br>Including:<br>1. Stress, wellbeing and mindfulness <ul style="list-style-type: none"> <li>Aim – to explore different methods of mindfulness and how we can improve our mental wellbeing</li> </ul> 2. Behaviour <ul style="list-style-type: none"> <li>Aim – to consider how our behaviour links to our learning and how we can display positive behaviours, with links to British Values</li> </ul> 3. Body image <ul style="list-style-type: none"> <li>Aim – to explore what it means by body positivity and what a negative body image looks like</li> </ul>                | Low stakes testing throughout topic.                                                                       |
|        | <b><u>Living in the Wider World – What can my future look like?</u></b><br>Including:<br>1. Budgeting <ul style="list-style-type: none"> <li>Aim – to explore what finances are and how we can budget our money</li> </ul> 2. Different career pathways and how to get there <ul style="list-style-type: none"> <li>Aim – to consider different career pathways and how we can get into the career we want</li> </ul> 3. Green careers <ul style="list-style-type: none"> <li>Aim – to explore what careers there are to help towards climate change and the environment</li> </ul>                                                                    | Low stakes testing throughout topic<br><u>End Point Assessment</u><br>10 questions – peer or self-assessed |
| SPRING | <b><u>Relationships (RSE): LGBTQ+ and Gender</u></b><br>Including:<br>1. Gender <ul style="list-style-type: none"> <li>Aim – to consider what gender is and different gender identities</li> </ul> 2. Sexual Orientation <ul style="list-style-type: none"> <li>Aim – to explore different sexualities including LGBTQIA+</li> </ul> 3. Homophobia, transphobia, biphobia etc <ul style="list-style-type: none"> <li>Aim – to consider the different types of discrimination when it comes to sexuality</li> </ul>                                                                                                                                     | Low stakes testing throughout topic.                                                                       |
|        | <b><u>Health and Wellbeing: Thinking about my growing body</u></b><br>Including:<br>1. Puberty – periods <ul style="list-style-type: none"> <li>Aim – to understand what menstruation is, why it happens, and how to manage it</li> </ul> 2. Vaping, tobacco, nicotine addiction <ul style="list-style-type: none"> <li>Aim – to explore the different types of smoking, including the dangers of vaping and how nicotine is addictive</li> </ul> 3. Personal safety – peer pressure <ul style="list-style-type: none"> <li>Aim – to understand what peer pressure is and how we can say no to our friends and peers when we feel pressured</li> </ul> | Low stakes testing throughout topic<br><u>End Point Assessment</u><br>10 questions – peer or self-assessed |
| SUMMER | <b><u>Relationships (RSE): How can I keep safe on my phone?</u></b><br>Including:<br>1. Online safety - Cyberbullying <ul style="list-style-type: none"> <li>Aim – to understand how we can stay safe online, to consider the permanence of images and messages sent and their impact</li> </ul> 2. Grooming <ul style="list-style-type: none"> <li>Aim – to explore what different types of grooming there are, including gang violence and weapons</li> </ul>                                                                                                                                                                                        | Low stakes testing throughout topic                                                                        |
|        | <b><u>Living in the Wider World: Watching out for fake news</u></b><br>Including:<br>1. Media literacy <ul style="list-style-type: none"> <li>Aim – to consider how we can become more media literate and understand the content we are consuming online</li> </ul> 2. Radicalisation and extremism <ul style="list-style-type: none"> <li>Aim – to explore what extreme views exist in the world and how we can avoid them</li> </ul> 3. Tolerance and being a citizen <ul style="list-style-type: none"> <li>Aim – to consider how we can become more tolerant and what it means to be a British citizen, with links to British values</li> </ul>    | Low stakes testing throughout topic<br><u>End Point Assessment</u><br>10 questions – peer or self-assessed |

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| AUTUMN | <b><u>Health and Wellbeing: How can mental health affect my body?</u></b><br>Including:<br>1. Mental health – anxiety, depression <ul style="list-style-type: none"> <li>Aim – to understand the symptoms and effects of mental health issues such as anxiety and depression</li> </ul> 2. Self-harm and eating disorders <ul style="list-style-type: none"> <li>Aim – to spot the warning signs of self-harm and eating disorders and what we can do if we think our friend is struggling</li> </ul> 3. Mental health stigma <ul style="list-style-type: none"> <li>Aim – to explore the different stigmas and stereotypes surrounding mental health issues and why these may exist, with reference to male suicide rates</li> </ul> | Low stakes testing throughout topic.                                                                                  |
|        | <b><u>Living in the Wider World – What can my future look like?</u></b><br>Including:<br>1. Options – GCSE's <ul style="list-style-type: none"> <li>Aim – to explore what GCSE options there are available to me</li> </ul> 2. Being a lifelong learner <ul style="list-style-type: none"> <li>Aim – to consider why it is important to continue to learn for the rest of your adult life and how that can help with your career</li> </ul> 3. Careers – volunteering <ul style="list-style-type: none"> <li>Aim – to explore what volunteering roles there are and what you can gain from volunteering</li> </ul>                                                                                                                    | Low stakes testing throughout topic<br><br><b><u>End Point Assessment</u></b><br>10 questions – peer or self-assessed |
| SPRING | <b><u>Relationships (RSE): What do healthy relationships look like?</u></b><br>Including:<br>1. Healthy relationships and the law <ul style="list-style-type: none"> <li>Aim – to consider what healthy relationships look like and to understand what the law says about relationships</li> </ul> 2. Positive masculinity – online culture <ul style="list-style-type: none"> <li>Aim – to explore positive and negative masculinity, including online groups e.g. incel culture</li> </ul> 3. Spotting the warning signs of unhealthy relationships <ul style="list-style-type: none"> <li>Aim – to understand what an unhealthy relationship looks like</li> </ul>                                                                 | Low stakes testing throughout topic.                                                                                  |
|        | <b><u>Health and Wellbeing: How can I keep my body safe?</u></b><br>Including:<br>1. Drugs and alcohol <ul style="list-style-type: none"> <li>Aim – to explore the effects that different drugs and alcohol have on our bodies and how we can seek help</li> </ul> 2. STI's and contraception <ul style="list-style-type: none"> <li>Aim – to introduce some different sexually transmitted diseases and the types of contraception</li> </ul> 3. Healthy choices, balanced lifestyle <ul style="list-style-type: none"> <li>Aim – to consider how we can have a balanced lifestyle, including healthy eating</li> </ul>                                                                                                              | Low stakes testing throughout topic<br><br><b><u>End Point Assessment</u></b><br>10 questions – peer or self-assessed |
| SUMMER | <b><u>Relationships (RSE): Having control over my own body</u></b><br>Including:<br>1. Consent <ul style="list-style-type: none"> <li>Aim – to understand what consent is and how we can withdraw consent at any time</li> </ul> 2. Sexting <ul style="list-style-type: none"> <li>Aim – to consider the dangers of sending sexually explicit images or messages and the law that exists</li> </ul> 3. FGM, breast ironing <ul style="list-style-type: none"> <li>Aim – to consider the law around female genital mutilation and breast ironing</li> </ul>                                                                                                                                                                            | Low stakes testing throughout topic                                                                                   |
|        | <b><u>Living in the Wider World: Politics, law and crime:</u></b><br>Including:<br>1. Laws and crime, justice system <ul style="list-style-type: none"> <li>Aim – to explore the UK justice system and what happens if someone breaks the law, including young offenders, with links to British Values</li> </ul> 2. Politics <ul style="list-style-type: none"> <li>Aim – to explore the UK government and how laws get made</li> </ul> 3. Migration and refugees <ul style="list-style-type: none"> <li>Aim – to explore migration around the world and understand what it means when someone is seeking refuge</li> </ul>                                                                                                          | Low stakes testing throughout topic<br><br><b><u>End Point Assessment</u></b><br>10 questions – peer or self-assessed |