

**PHYSICAL EDUCATION 2020 - 2021**  
Course Outline

**BTEC Level 1/2 First Award in Sport 2018 (Year 10 & 11 Cohorts)**

	Topic	Type of Unit
Unit 1	Fitness for Sport and Exercise	Mandatory
Unit 2	Practical Performance in Sport	Mandatory
Unit 3	Applying the Principles of Personal Training	Mandatory
Unit 6	Leadership in Sport	